

# AGILE News

Welcome to the new and improved summer edition, with exciting updates following our committee meeting held on the 8th of June 2015.

## **Congratulations!**

To our Research Officer Dr Vicki Goodwin MSc MCSP, who has just been appointed Research Officer on the CSP Council. We wish you lots of luck for this exciting opportunity!

## **Older People's Day**

Celebrate the achievements and contributions that older people make to our society on the 1st of October.

Register online, organise an event and let us know what you are up to!

<http://olderpeoplesday.co.uk/>

For those of you who have recently completed Functional Fitness MOT training, this may be a great opportunity to be putting it into practise!

## **Research Grants**

AGILE is offering two research grants, of up to £2,500 each, for a maximum of a year, to support a research project related to physiotherapy for older people.

The call for applications closes on 1st September 2015.



## **British Geriatrics Society Autumn Meeting**

14th - 16th October 2015 Brighton

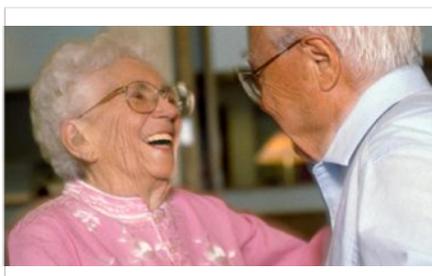
We are excited to be joining up with the BGS to co-host this year's conference!

It looks to cover core areas of interest for all responsible in the health care of older people.

The conference kicks off on Wednesday by the Community Special Interest Group looking at the role of intermediate care now and in the future, with the results of the National Audit of Intermediate Care.

Thursday's programme, AGILE's day, has multiple parallel sessions. Starting with Antony Johansen, Consultant Ortho - Geriatrician, who is a fantastic speaker, looking at 'Beyond falls and hip fractures'. Some other highlights include 'Fracture prevention and management in Parkinson's' and an update on 'The Older Shoulder'.

Thursday at 11 o'clock it will be AGILE's AGM, we look forward to seeing as many of you there as possible.



## ACPOPC Conference

ACPOPC are currently planning their Oncology and Palliative Care in Older People Conference.

Watch out for further details!

November 2015, dates TBC

Discounted rate for AGILE members £130 for two days, £75 for one

## Don't Forget....

To check the AGILE website for upcoming courses and events happening across the country

Use iCSP to create discussions, get advice and support!

## Guinness World Record

The biggest strength training class in the world is to be attempted in Andover in October! Good luck to everyone involved!

## Follow us on Twitter

[@AGILE\\_tweet](https://twitter.com/AGILE_tweet)

[@AGILEChair](https://twitter.com/AGILEChair)

[@AGILEResearch](https://twitter.com/AGILEResearch)

[#GeriSoc #BGS Conf](https://twitter.com/GeriSoc)

The day cumulates with the guest lecture presented by a past BGS president, Professor Finbarr Martin.

This year we will also be joining the BGS for the Conference Dinner, it will be a great opportunity to socialise with other professionals, as well as enjoying a lovely dinner and a few well deserved drinks!

Friday morning talks include two major areas of interest at the moment – frailty and the overprescribing of drugs in older people. The use of the Failsafe Toolkit will be explored, as well as lots of discussions regarding frailty in acute and non acute settings.

To round up the jam packed agenda, the final session of the conference will be exploring disease and patient management of those with Parkinson's disease.

I think you'll agree that there really is something on the agenda for everyone!

We would encourage AGILE members to attend all 3 days of the meeting if possible, and take advantage of the special AGILE member rates:

<https://www.eiseverywhere.com/ehome/bgsaut15/237544/>

Some instructions for registering:

1. New Registration
2. Click BGS member option
3. Then AHP
4. The rate is without VAT , for 3 days it says £150, whereas the total will be £180.

There isn't a designated hotel for AGILE, as Brighton is compact and has lots of hotels and B&Bs to choose from. But don't forget to use NHS Discounts to save some money!

<http://www.healthservicediscounts.com/travel>

Look out for the AGILE stand and come and say hi, we hope to see lots of you there!

Have a lovely summer!

Josie

## Northern Ireland

### Executive Officers

**Dr Anna Jones**

*President*

**Vicky Johnston**

[vicky.physio@outlook.com](mailto:vicky.physio@outlook.com)

*Chair*

**Louise McGregor**

[louise.mcgregor@stgeorges.nhs.uk](mailto:louise.mcgregor@stgeorges.nhs.uk)

*Vice Chair*

**Ursula Martindale**

[ursulamartindale@gmail.com](mailto:ursulamartindale@gmail.com)

*Secretary*

**Vicky Paynter**

[agile.membership@gmail.com](mailto:agile.membership@gmail.com)

*Membership Secretary*

**Julie George**

[julie.george4@nhs.net](mailto:julie.george4@nhs.net)

*Treasurer*

**Sarah Di Biase**

[agilityjournal@gmail.com](mailto:agilityjournal@gmail.com)

*Journal Editor*

**Victoria Goodwin**

[v.goodwin@exeter.ac.uk](mailto:v.goodwin@exeter.ac.uk)

*Research Officer*

**Josie Armour**

[agile.pro.nec@gmail.com](mailto:agile.pro.nec@gmail.com)

*PRO*

**Jolly Barrow**

[agile.website@outlook.com](mailto:agile.website@outlook.com)

*Website Officer*

**Bhanu Ramaswamy**

[physiotherapy.thirdage@gmail.com](mailto:physiotherapy.thirdage@gmail.com)

*Education Officer*

**Sophie Stubbings**

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*Community Officer*

## News from your region...

### *AGILE (NI) Meetings*

The committee continues to meet every 3 months to plan for further programmes, courses etc and to receive feedback from NEC meetings.

Our first evening meeting will be on the 6<sup>th</sup> October 2015 and will highlight new initiatives in Northern Ireland – BCH Direct in the City Hospital, Belfast Trust and the Acute Care at Home programme running in the Southern Trust. Other proposed topics on next year's programme are: - Management of the bariatric patient, Amputee management, Ortho geriatrics, Palliative care. The full programme will be advertised in the autumn.

### *NEC Meetings*

Gail attends the national executive committee meetings 3 times a year in CSP London

### *Membership*

At present our membership numbers are sitting at 40. The new on line system has proved very popular and easy to use.

### *Webinar on the Falls Economic Tool*

4 – 5 of the NI AGILE members linked into the webinar on the 26<sup>th</sup> May. They will cascade the information to the areas they work in. It was very simple to link in and easy to follow.

### *BGS*

About 20 AGILE members attended the joint BGS / AGILE meeting / Education session in the Ramada Hotel in Belfast on the 21<sup>st</sup> May. The topic was Frailty and we had 3 very good presentations from different speakers including Louise McGregor from AGILE. The feedback from the meeting was excellent and we are very keen to promote and strengthen links with the BGS.

AGILE will be hosting a day on topics around Ortho geriatrics at the BGS conference in Brighton in October. This is in place of a standalone AGILE conference IN 2015. We will be publicising this in the next couple of months and offering some financial help for members to attend.

## Northern Ireland

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**Gail McMillan**

*NI Representative*

[gail.mcmillan@belfasttrust.hscni.net](mailto:gail.mcmillan@belfasttrust.hscni.net)

### *AGE NI*

Gail represented AGILE at the launch of the Age NI publication –“More Money in your Pocket”, which was staged at Stormont on Thursday 28<sup>th</sup> May 2015. We are planning a meeting with representatives from Age NI in June to try to forge stronger links between ourselves.