

AGILE News

Welcome to the new and improved summer edition, with exciting updates following our committee meeting held on the 8th of June 2015.

Congratulations!

To our Research Officer Dr Vicki Goodwin MSc MCSP, who has just been appointed Research Officer on the CSP Council. We wish you lots of luck for this exciting opportunity!

Older People's Day

Celebrate the achievements and contributions that older people make to our society on the 1st of October.

Register online, organise an event and let us know what you are up to!

<http://olderpeoplesday.co.uk/>

For those of you who have recently completed Functional Fitness MOT training, this may be a great opportunity to be putting it into practise!

Research Grants

AGILE is offering two research grants, of up to £2,500 each, for a maximum of a year, to support a research project related to physiotherapy for older people.

The call for applications closes on 1st September 2015.



British Geriatrics Society Autumn Meeting

14th - 16th October 2015 Brighton

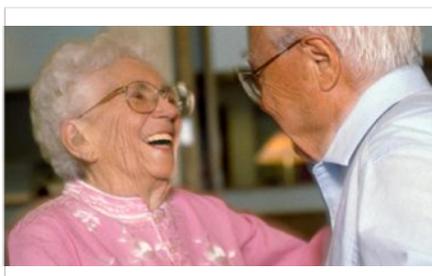
We are excited to be joining up with the BGS to co-host this year's conference!

It looks to cover core areas of interest for all responsible in the health care of older people.

The conference kicks off on Wednesday by the Community Special Interest Group looking at the role of intermediate care now and in the future, with the results of the National Audit of Intermediate Care.

Thursday's programme, AGILE's day, has multiple parallel sessions. Starting with Antony Johansen, Consultant Ortho - Geriatrician, who is a fantastic speaker, looking at 'Beyond falls and hip fractures'. Some other highlights include 'Fracture prevention and management in Parkinson's' and an update on 'The Older Shoulder'.

Thursday at 11 o'clock it will be AGILE's AGM, we look forward to seeing as many of you there as possible.



ACPOPC Conference

ACPOPC are currently planning their Oncology and Palliative Care in Older People Conference.

Watch out for further details!

November 2015, dates TBC

Discounted rate for AGILE members £130 for two days, £75 for one

Don't Forget....

To check the AGILE website for upcoming courses and events happening across the country

Use iCSP to create discussions, get advice and support!

Guinness World Record

The biggest strength training class in the world is to be attempted in Andover in October! Good luck to everyone involved!

Follow us on Twitter

[@AGILE_tweet](https://twitter.com/AGILE_tweet)

[@AGILEChair](https://twitter.com/AGILEChair)

[@AGILEResearch](https://twitter.com/AGILEResearch)

[#GeriSoc #BGS Conf](https://twitter.com/GeriSoc)

The day cumulates with the guest lecture presented by a past BGS president, Professor Finbarr Martin.

This year we will also be joining the BGS for the Conference Dinner, it will be a great opportunity to socialise with other professionals, as well as enjoying a lovely dinner and a few well deserved drinks!

Friday morning talks include two major areas of interest at the moment – frailty and the overprescribing of drugs in older people. The use of the Failsafe Toolkit will be explored, as well as lots of discussions regarding frailty in acute and non acute settings.

To round up the jam packed agenda, the final session of the conference will be exploring disease and patient management of those with Parkinson's disease.

I think you'll agree that there really is something on the agenda for everyone!

We would encourage AGILE members to attend all 3 days of the meeting if possible, and take advantage of the special AGILE member rates:

<https://www.eiseverywhere.com/ehome/bgsaut15/237544/>

Some instructions for registering:

1. New Registration
2. Click BGS member option
3. Then AHP
4. The rate is without VAT , for 3 days it says £150, whereas the total will be £180.

There isn't a designated hotel for AGILE, as Brighton is compact and has lots of hotels and B&Bs to choose from. But don't forget to use NHS Discounts to save some money!

<http://www.healthservicediscounts.com/travel>

Look out for the AGILE stand and come and say hi, we hope to see lots of you there!

Have a lovely summer!

Josie

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News from your region...

Osteoporosis Study Day September 5th 2015 at Epsom Hospital

£50 for members, includes lunch.

This course combines theory and practical and is led by Craig Ross who is a Physiotherapist with a strong background in Osteoporosis and Falls. It is a repeat of the well received day we ran last November.

We still have some places left on this. If you would like to apply please see earlier flyer or email Laura.Cook@clch.nhs.uk

Evening Talk Thursday 18th June

Lou McGregor and Laura Cook gave us a really interesting and enjoyable evening last week when they told us about “Optimising Rehab in People with Dementia including Errorless Learning” and “ My experience as a Novice Researcher” respectively. Twenty three people attended the talk at St George’s Hospital. Lou emphasised the importance of consistency of transfer techniques across the MDT, the necessity of not letting patients fail by building up tasks from a low base and the value of cues and their usage. Laura gave us a timely reminder of the need to explain our role to patients and also how scary some of our equipment and treatment spaces can be for older people and how we can prepare them. We will be sending out PDF versions of their talks and hope to offer other lectures across the Region . More ideas please !

Link Members

If you are interested in getting a bit more involved with AGILE without necessarily taking on any responsibility please consider becoming one of our Link members. This role involves you receiving minutes of meetings and the opportunity to be as involved as much or as little as you like whether it’s forwarding ideas for talks or courses to the committee, publicising our study days to colleagues or providing a course venue or observing one of our committee meetings. We all gain from this as the more of us who are involved the more ideas and contacts we have and it’s also useful for your c.v. and KSF etc !

Managing the Acutely Ill Patient in the Community

We are planning to run a half day course on this next spring. Please watch this space for further details.

East Region

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Please contact myself or Laura if you have any ideas for study days or talks.

Kind regards

Claire and Laura